

South Plainfield Private Lesson Schedule

Private Lesson Schedule- As of **10/11/2017** (See schedule below. Scroll below the schedule for more info). I take requests on a first come / first serve basis. Find an open spot, text or e-mail me and if open, it's yours. For all Private Lessons you must contact Tom Besser only for appointments 609-352-5609 text or e-mail elitefp@aol.com.

Location- All Season Sports Academy, 2700 Hamilton Boulevard, S. Plainfield, NJ 07080.

Time Students

10/16/17	
330	CAMERON KELLY
400	ELIZABETH LOPEZ
430	ELIZABETH LOPEZ
500	VICTORIA FROBOSILO
530	VICTORIA SABASION
600	VICTORIA SABASION
630	Carly Rodrigues
700	SYD WALDON
730	SYD WALDON
800	ANNIKA FRICKE
830	ERIN SINATRA
900	OLIVIA CERBO
10/23/17	
330	CAMERON KELLY
400	ELIZABETH LOPEZ
430	ELIZABETH LOPEZ
500	"LH"
530	VICTORIA SABASION
600	VICTORIA SABASION
630	Carly Rodrigues
700	JULIANNA HART
730	VICTORIA FROBOSILO
800	ANNIKA FRICKE
830	ERIN SINATRA
900	OLIVIA CERBO
10/30/17	
330	CAMERON KELLY
400	ELIZABETH LOPEZ
430	ELIZABETH LOPEZ
500	"LH"
530	VICTORIA SABASION
600	VICTORIA SABASION
630	Carly Rodrigues
700	SYD WALDON
730	SYD WALDON

Time Students

11/13/17	
330	
400	
430	CAMERON KELLY
500	"LH"
530	VICTORIA SABASION
600	VICTORIA SABASION
630	Carly Rodrigues
700	VICTORIA FROBOSILO
730	JULIANNA HART
800	ANNIKA FRICKE
830	ERIN SINATRA
900	OLIVIA CERBO
11/20/17	
330	
400	
430	CAMERON KELLY
500	"LH"
530	VICTORIA SABASION
600	VICTORIA SABASION
630	Carly Rodrigues
700	VICTORIA FROBOSILO
730	JULIANNA HART
800	ANNIKA FRICKE
830	ERIN SINATRA
900	OLIVIA CERBO
11/27/17	
330	
400	
430	CAMERON KELLY
500	"LH"
530	VICTORIA SABASION
600	VICTORIA SABASION
630	Carly Rodrigues
700	VICTORIA FROBOSILO
730	JULIANNA HART

800	ANNIKA FRICKE
830	ERIN SINATRA
900	OLIVIA CERBO
	11/6/17
330	
400	
430	CAMERON KELLY
500	"LH"
530	VICTORIA SABASION
600	VICTORIA SABASION
630	Carly Rodrigues
700	VICTORIA FROBOSILO
730	JULIANNA HART
800	ANNIKA FRICKE
830	ERIN SINATRA
900	OLIVIA CERBO

800	ANNIKA FRICKE
830	ERIN SINATRA
900	OLIVIA CERBO
	12/4/17
330	
400	
430	CAMERON KELLY
500	"LH"
530	VICTORIA SABASION
600	VICTORIA SABASION
630	Carly Rodrigues
700	VICTORIA FROBOSILO
730	JULIANNA HART
800	ANNIKA FRICKE
830	ERIN SINATRA
900	OLIVIA CERBO

General Instructions for Private Lessons at this site 2017

A full schedule can be found on my home page in the announcement box www.elitefastpitch.com. Check this schedule to insure we both have it correct. Although the schedule can change hourly, I'll update weekly. So, contact to insure the spot is open. Before I can schedule you, I'll need to know what you require. Please review the options below and e-mail me back. If you are not a current student, I will need a Registration Form sent back ASAP and a properly filled out Release Form brought to the first lesson.

Note- You are pitching on a turf surface.

Types of Instruction

Individual Pitcher and or Catcher Instruction

Standard Private instruction- Typical instruction requested- **\$45 / 30 Minutes.**

Pitching- Basic mechanics, speed improvement; change up, drop, curve, drop curve, screwball, riseball improvement, use & strategy of all. Must bring someone to catch.

Catching- Receiving, signals, blocking, snap throws to 1st & 3rd, throwing mechanics, throws to 2nd, wild pitches, fielding bunts, calling the game, and much more. The instruction is your choice.

Types of Semi-Private Instruction-

Two Pitchers (60 Minute Blocks) –

Pitcher / Catcher (30 or 60 Minute Battery Training) –

Payment- Make all checks payable to **Elite Fastpitch Inc.**, 12 Mallard Drive, Tabernacle, NJ 08088. Payment is **paid weekly** but **commitment will keep your spot.**

Bring-

- #1- All equipment needed to include ball.
- #2- A catcher if you are a pitcher.
- #3- Your objective for the lesson.

#4- And most important, a willing attitude to receive constructive instruction.

Communications- My office # is 609-268-9754; my cell # is 609-352-5609. **Send your cell # some time prior to the scheduled date just in case.**

Location-

South Plainfield- We will be in the **All Seasons Sports Academy**, 2700 Hamilton Boulevard, South Plainfield, NJ 07080, NJ. This is an indoor batting cage. The cage is located straight across the main floor and to the left. Wear old sneakers, we are pitching on Astroturf.

Thomas B. Besser

President

Elite Fastpitch Inc.

12 Mallard Drive

Tabernacle, NJ 08088

609-268-9754 Office

609-352-5609 Cell

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